



Frazer School Newsletter
May 5, 2017 Issue #9

Many events have taken place over the past month, and we want to showcase just some of these happenings through this issue of the Frazer Bearcubs Newsletter. Since every picture is worth 1,000 words, can you guess how many words there are in issue #9? A prize to the first person who submits the closest answer! -Editor



Go Bearcubs!



Bearcubs graciously giving out Star Quilts



Saunders in action!



Tense action in Wolf Point!



Building Bookcase



Hold it steady, Mr. Sanford!

Science Fair Photos:



Preparing for Science Fair



Basketball season ends with Great Success, coming closest to making State after more than four decades!



(Maiyalin & Photosynthesis) ... Looky here!

Shop Class Creations:



Colby's Dog House



(Kein & De'Andre) ... and here!





2nd Graders Displaying their projects!



Marissa & Fletcher with the Sugar Experiment



Tory demos his electricity Experiment



Wyatt demonstrates his project to the judges



Maya & Julia show "Bath Bombs"



Hunter



Kayo & William



Kameron explains



Waiting patiently for the Results of Judging!



Cyrenna & Valynn discuss their "Inflator"



One popular demo



1st, 2nd, & 3rd Place winners of our March 14th 2017 Science Fair put on by our High School Science Teacher, Ms. Kim Black Eagle.



Hailee demos her Slime for Jersey



Haidyn shows her balloon experiment



Thanks to Mr. Crotty, Mr. Mills, and Brock Standing for helping judge the contest!

From the classroom of Mr. Andrew Richards, Social Studies Teacher: Our Team building activity was based off the following article and was designed to build moral and teamwork in the classroom.



Let's Build a Snowman: Team Building Ideas for Any Season

By: [Connie Blaszczyk](#), Managing Editor, Resource Center

What have you done lately to invigorate [employee engagement](#)?

What about hosting a snowman-building contest --or requiring employees to hug a co-worker for 10 seconds? Those are a few of the successful team building ideas used at [CLEARLINK](#), a Utah-based company that provides content and conversion services for top consumer brands. Despite the ongoing recession, the company is experiencing significant growth, due in part to their innovative [company website](#) as well as their vibrant [social media strategy](#). Here are seven team building ideas from the Clearlink team: Share a Clear Mission Statement: To work at CLEARLINK you have to be interested in forming strong relationships. Their company mission statement: *I will create and maintain valuable relationships.*

Engage with your Community: Create fun and unique events with your local community. It serves double duty as a team building exercise as well building your company brand. This year CLEARLINK broke a Guinness World Record and invited the community to get involved (most consecutive snowmen built in one hour!)



The 2017 Track Season Begins

The Bearcub track team met in the parking lot during the early hours of April Fool's day sharing their thoughts on the performances they would give later that day in Glasgow.

There was a text that one athlete was just down the street and another that they would be a few minutes late. Not the best start to the season perhaps but one that set the tone for accountability of all track athletes. The texts were sent because this year the team has been told and they agree that if they do not ride the bus with the team they will not be able to participate in the meet that day. The team has already found the security and support that comes from track participation and that regardless of what others may do from other schools the Bearcubs will stand by each other and cheer like it is the Olympic finals.

The ride to the meet was clouded with uncertainty and rising self doubt with discussions mounting about bring nervous and spoken questions like "What if I don't perform well"? The head Coach, Lewis Reese, spoke to calm the fears of the 3 freshmen, 3 sophomores, 2 juniors and 2 seniors. He spoke to the training they had received from the past head coach and principal of Frazer, John Wetsit, and the individual instruction from the new staff so far this year. Coach Reese calmed the athletes by reiterating that they should focus and believe in their training and the advice that came from the other three coaches on his staff, Sasha Fourstar sprint and jumps coach, Stacy Summers middle distance and distance coach, and Dori Talks Different elementary and middle school lead coach who also assists with varsity duties. This calmed the athletes and they began their focus with making more positive statements with each other.

The bus pulled into Glasgow after a short ride from Frazier. As the students exited the bus the cold westerly wind pierced through their warm ups and the realization that the Bearcubs had arrived to compete hit the athletes in the face with the same force and effect of the cold wind and awakened the spirit of competition that was easily seen in how the Bearcubs were to prepare to honor themselves, their coaches, their school and especially those athletes that had paved the way for the records that would fall during the days competition.



The Bearcubs entered the Glasgow track facility and many people remarked that "they" were here. There were murmurings of the freshman phenoms that were at Frazier this year, the transfer student that had not participated in varsity track for two years, the

basketball stars, Corbin Cole, Jayson Jackson and Alex Raining Bird that are also competing in track and the newest member that guy that can throw the shot put 50 feet. Many eyes were on Frazer and the performances that were undoubtedly going to be scrutinized at the conclusion of the meet. The Bearcubs did not disappoint!!!



Frazer's storied track and field team has roots that go back to the 1970's and beyond where they won multiple cross country championships and had several state champions during their reign as one of the best programs in the state. Today they would rekindle the images of champions past in not only those that traveled to see their teams participate but in the spectators that have traveled year in and year out to support Bearcub athletics like Frazer legend Dean Blount and his son Tommy. His support of athletics along with past coaching legend Coach Murdock can be argued as being the founding fathers of Bearcub athletics and the ones that have instilled Pride in all that the Bearcubs undertake.



Not to be left out are the managers and volunteers like Taylor and Milyn Reese and the bus driver Mr. "S" that work tirelessly and selflessly to support the program without recognition. Their efforts are under recognized and without the shining of the spotlight on them for the irreplaceable services they provide to the program, specifically to the coaches and athletes they assist, that are all too often forgotten. Blankets, putting up tents, water, food and a warm embrace when things do not go as planned are all staple products of the volunteers and spectators that make Bearcub athletics special and undoubtedly successful.



The day would find that the Bearcubs would break 4 school records and set personal records in individual events by all but two of the athletes. Wyatt Miller, sophomore distance runner was injured with cramps during the 1600 meter and had to be removed from the remainder of the meet. His injuries are not serious and he will be able to return at the next meet. Possibly the most remarkable events of the day were that the Lady Bearcubs would finish 5th out of over 20 schools with only three athletes performing. Truly an outstanding effort and outcome for the one junior and two freshmen that participated in the first meet of the year. What is especially worth mentioning is that there will be another exceptional freshman Cyrenna Standing become eligible for the next track meet and will only improve the Lady Bearcubs chances of scoring higher in the rest of the season.

School records that fell were the Lady Bearcubs 1600 meter run and the 800 meter run where Sierra Summers obliterated both records. The boy's discus record fell late in the afternoon when Jayson "Chubby" Jackson eclipsed the record by over 1 foot. Lastly, the shot put record was reset by the newest Bearcub Dallas Reese where he performed under the greatest scrutiny as hordes of people came to see the guy that could throw over 50 feet. While Dallas did not win the event, with his 2nd place finish to the class B current leader in the shot put from Harlem, it set up the intrigue for the rest of the season as these two will be competing head to head at many events this year. These two athletes are currently the best throwers in their respective classifications and hold the 5th and 6th farthest throws made to date in the state this year for all classifications. The competition will be exciting as the season plays out.

Personal records were also set by many of the athletes not previously mentioned as setting school records. Personal bests were set by freshman Julia Smoker in the 200 meter run and sophomore Alex Raining Bird posted personal bests in the long jump and the 200 meter run. Freshman Mya Fourstar long jumped her way to a new personal best while sophomore Wesley Weston set a new performance record for himself in the discus. Junior Jayson Jackson set personal bests in the discus and the shot put where he

improved by over two feet. The performer of the meet who provisionally qualified for the state championships and will be representing the Bearcubs in Missoula May 26th and 27th is senior Dallas Reese who threw the shot put 50'9". If he equals that effort at the state meet it will be a new state class C record and put the Bearcubs in the record books for years to come. Regardless of the outcome of the rest of the season the Bearcubs have provided an amazing opening act of what is a much anticipated play performance of the Bearcub track and field team of 2017. We can only hope it will continue all the way to state in Missoula May 26th and 27th.



Seniors collect firewood as part of their "Recycling Project"



Student Nursing program sent 2 interns to work with our students each week! Thank you all!



Easter Egg Hunt in front yard...



Yahomni Itokahsni Walk against Drugs & Alcohol

April 13th was a tribal supportive event at Frazer School. Thanks to organizers Angeline Cheek, Student Advocate from the Education Dept, Lana Mikkelson, Youth Activities Director, Ramey Growing Thunder, Language & Cultural Director. T-shirts did not arrive in time for the walk around Frazer community, but they will be distributed when they arrive.

Also thanks for Nick Amatangelo, photojournalist and TV anchor for Channel 8 News for chasing the crowd up and down Frazer streets to put us in the news! Thanks also for the great Fort Peck participation and speakers who talked with students about the dangers of drugs & alcohol, including Erna & April from the Education Dept, Winona Runs Above. Special thanks prayers given and to Marva Chapman, Tribal Councilwoman, for participating. Thanks to Roger White & Students for starting off the event with drumming and singing!



MIEA Conference
 A dozen students attended the Montana Indian Education Association in Missoula, April 20th-22nd. They attended their Native Youth Conference, organized by Donnie Wetzel, and had a great time with other Native Youth from all over Montana. They heard an awesome Native Rapper, and students got up to the microphone to try their own rap songs and share their experiences growing up in their Native communities. Afterwards, students attended the Pow Wow held at the Adams Center Field House. Zander Little Thunder danced and competed with other fancy dancers from far and wide.



Red Bird Woman Center professionals visit and participate in our community walk



Our Frazer Superintendent, Mr. DeCoteau, presents at the conference. Frazer School was chosen out of all Native Schools in Montana to present at the Missoula conference and show why our school has been so successful. Go Bearcubs!



Students give their respect at Sleeping Buffalo Rock on the way to Native Youth Conference. This is something that is traditionally done, where prayers are given and respect is shown; often, items are left on the Buffalo Rock.



Ms. Black Eagle gives us preview of upcoming play, "Alice in Wonderland"



High School Student Workshop
 On Thursday, May 4th, high school students participated in a Depression/Resiliency Workshop put on by Psychologist Dr. Small and Ernie Bighorn on Thursday, May 4th.



more, we repeat information from our School Secretary:

FRAZER SCHOOL PROM INFORMATION:

PROM is Saturday, May 6, 2017-the theme is The Red Carpet-Grand March @ 7:00pm – Students will need to be here at the school no later than 6:15pm. The photographer (Tina Jackson) and I would like to take the pictures as the students arrive to the event just as they would at red carpet events.

Dear Parents/Guardians:

The students in grades 8th, 9th, 10th, 11th and 12th will be having Spring Prom. It will be Saturday, May 6, 2017 from 7:00 a.m. until 12:00 p.m. in the school gym. Grand March at 7:00; there is a \$2.00 entry fee for all. We are asking parents to donate a snack item or a healthy beverage. Your donation will be greatly appreciated.

Possible Donations:

- Bottled water, juice, & pop
- Fruit & Veggies
- Chips & dips
- Crackers & cheese
- Desserts such as Cake, cupcakes, cookies, donuts, etc...
- Plates & Napkins
- Disposable Utensils

We will have a candy table set up as well and would appreciate donations of candy for the table.

*Please bring your donation to the school during school hours OR between 6:30 p.m. and 8:00 p.m. on the day of prom. Thank you for supporting our students as they enjoy a drug and alcohol free evening!

*Ronnie will drop off the tuxedos bright and early on Friday, May 5. Please have your money at the school! Pick up will be no later than Monday, May 8 at 9:00am

*Prom tickets are on sale - \$10 for a single, \$15 for a couple.

*Pictures will be taken as the couples arrive. Please be prepared to arrive by 6:00pm and 6:15pm. A designated picture area will be opened up to everyone after the grand march. Picture packets will cost \$30.00. The packets include 1-8x10, 4-5x7, 6-4x6 and 16-2. wallets.

*Post prom will consist of bowling at El Cor3. Del Lanes in Glasgow from midnight to 2am. They will watch a movie in the gym once they return. We also have games planned for them as well. We are in need of chaperones 4. for this time as well.

Sincerely,
High School Prom Committee

If you have any questions, please feel free to give us a call at 695-2241.

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Counselor Corner:

SCHOLARSHIPS for Seniors!

For over 79 pages of general scholarships, try: <http://usascholarships.com>

Also:

<http://usascholarships.com/cobell-scholarship-program/#lightbox/0/>

Thanks to Ms. Kim Black Eagle for introducing us to the Cobell Scholars Program, which is intended to provide financial assistance in the form of scholarships to American Indian and Alaska Native students. The scholarship program is to defray the cost of attendance at both post-secondary vocational schools and institutions of higher education, including graduate and professional schools.

The American Indian Graduate Center will manage the Cobell Scholars Program which was established as a result of the Cobell v. Salazar litigation. The American Indian Graduate Center (AIGC) is a national, non-profit organization that awards fellowship grants to qualified American Indian and Alaska Native students attending nationally and regionally accredited post-secondary institutions on a full-time basis.

Eligibility:

Scholarships in various amounts are awarded to U.S. Federally-recognized American Indian and Alaska Native community members (students) <http://www.aigcs.org/scholarships/online-application-instructions/>

-Who are vocational certificate-seeking or associate, bachelor, graduate and professional degree-seeking students in full-time, accredited, non-profit institutions in the United States.

-Who are able to demonstrate financial need through the submission of the Free Application for Federal Student Aid (FAFSA)
How to Apply:

Interested candidates can apply for the scholarship by using the following criteria

-A completed General Application
Completion of Cobell Scholars opportunity-specific questions

-Tribal Eligibility Certificate (due July 15) which is also available at aigcs.org in the Scholarships section titled Online Application Instructions

-Financial Needs Form (due July 15) which is also available at aigcs.org in the Scholarships section titled Online Application Instructions.
Application Deadline:



Dallas takes 3rd place at Top 10 Track Meet



Sierra Summers medals, gives her Victory sign

Prom is on Saturday, and students have been decorating the gym. For those who did not get notified and would like to know

Interested candidates can apply for this scholarship till June 1, 2015.

For this and many other scholarship applications available in many different areas, go to:

<http://www.aigcs.org/scholarships/online-application-instructions/>

You will have to create a user account and sign-up on the website, filling out the online application instructions. Just click on SCHOLARSHIPS at the top, create your user account, and complete the "General Application." Good Luck & Happy Scholarship hunting!

[Guide to Paying for College - Financial Aid, Scholarships, Savings, & Student Loans](#)
<https://studentloans.net/guide-to-paying-for-college/>

In this guide, we go over the cost of college and the associated steps to pay for it. There are 6 steps in total, including The Cost of College, The Steps to Paying for College, Financial Aid, Scholarships & Grants, College Savings Accounts, and Student Loans.

In addition, we even recorded 5 videos to make the information more digestible and engaging.

We would love for you to share our resource on your website. With the ever rising cost of college and the growing student loan crisis, we think it is more important now than ever for students and their families to be informed about the best strategies to pay for college.

FPCC summer 2017 Research and Math Courses High School Registration Forms

***(get forms from the School Counselor)**

High school student who are interested in taking summer courses (including the research courses) at FPCC should complete the Early college/Dual Credit forms.

I will pick up the completed forms.

Thanks,

Dr. Ali Wehbe
FPCC- Pre-Engineering/Math Department
P.O.Box 398
Poplar, MT 59255

Student Council Elections!

When: Friday, May 12th

Students interested in running for office must have 10 signatures from fellow students, grades

7-12, in order to run. Get your Candidate Signature Sheet at the office (or make your own) and turn in your 10 or more signatures to the Counselor, Mr. S. Then prepare your speech for May 12th! Be ready to tell the student body why they should vote for you for next year's Student Council. Class Reps for 7th, 8th, 9th, 10th, 11th, & 12th will run the election, and Senior Rep Nathaniel Clark will supervise. *Seniors do not get to vote in this election for next year's officers. Positions to run for will be:

- President (must be in grades 10, 11, or 12)
- Vice President (grades 9-12)
- Secretary (grades 9-12)
- Treasurer (grades 9-12)
- Public Relations (grades 9-12)

*(Class Reps for next school year will be elected by their respective classes within first two weeks after school starts in the Fall.)

"Top 10 Track Meet" in Glasgow May 2nd:

Sonia Smoker: "We are so proud of our High School track team as we had 3 boys and 3 girls make it on the Top Ten athlete meet for the North East Region of Montana, held in Glasgow on Tuesday, May 2nd. That includes all A, B and C teams in our region!

Girls

Mya Four Star in the 100 meter dash
Cyrenna Standing and Sierra Summers in the 1600 and 3200 meter runs.

Boys

Dallas Reese in the Shot Put
Jayson "Chubby" Jackson, in Shot Put and Discus
Wyatt Miller in 1600 and 3200 meter runs.

These are excellent results for our school and for the athletes who have distinguished themselves as top ten athletes in the state of Montana.

The meet starts at 3 PM on Tuesday. Come out and wear Bearcub Blue and support our athletes as they make all of Frazer proud."

May 9th Spring Music Concert & Theater Don't miss these upcoming performances in the School Gym! 6:00-8:00pm! Ms. Harmash & Ms. Black Eagle will WOW the crowd with an evening of fantastic music and drama that will keep you enthralled for days! Don't miss it! Mark your calendars!



PE class getting into the swing of Spring Softball
Go Bearcubs!



Ms. Black Eagle prepares for her play